

The ADVENTurous Life

The Advent of Rest

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Mathew 11:25-30

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Introduction: Advent begins with Adventure. When we are introduced to the Jesus of scripture, we can't help but notice that Jesus lived an Adventurous life. When we read through the gospels, there was never a dull moment with Jesus. With the turning of every page, the disciples learned something new about Jesus and also about themselves. They were being spiritually stretched by following Jesus. To look at scripture through the lens of adventure. Life in Jesus Christ should never be boring. Jesus didn't call us to live a mediocre life. From the time he was born until the time of his death and resurrection, there is always this sense of adventure. "Every step we take in this world is a step toward either darkness or light. Every harsh word, every mean act, every vengeful thought is a part of the works of darkness. Every act of forgiveness, every small act of charity, every temptation resisted is a piece of the armor of light."

Prayer: Lord God you reveal yourself to us through Jesus, Show us what you want us to see in this study and discussion.

Review: What temptations were you able to meet with scripture this week? How were you able to trust in your identity as a child of God in the face of temptations?

Read: Mathew 11:25-30

Discussion:

1. Upon what or whom is Jesus' authority based? What other verses do you know that establish this? See also John 3:35, Ephesians 1:22-23, Phil 2:5-11.

2. A yoke is a wooden bar that is fitted to one or two animals to enable them to pull a load. How can a yoke, which is made for work, give you rest?

3. What makes a yoke uneasy? Where have you experienced difficulty because of an uneasy yoke?

4. To what or whom are you yoked? Are you pulling with Jesus or against him?

Application: Think about work and rest in your life. Ask God what he wants you to know about work and rest.

Prayer: Father God, only in you can we find our true work and our true rest. We ask you to teach us and guide us. Amen.

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