

reclaiming your joy | *summer 2022*

Surprised By Joy

Luke 24:41-53

August 7, 2022

Introduction: What do you think of when you hear the word Joy? How can Joy become characteristic of our life? What is the difference between happiness and joy? What is the source of the Christian's joy? Who is the source of the Christian's joy? The Bible says God gives us joy and peace. It tells us that real joy comes from God and is ours forever. The joy that is found in God's presence isn't static; it transforms and regenerates us. At the heart of joy is an unshakable awareness that we possess good from God. Joy is part of God's kingdom.

Prayer: Father, help us to understand the depth of joy of the disciples in this text. Amen.

Read: Luke 24:41-53

Review: Did you find strength from joy last week?

Discussion:

1. Why did the disciples think Jesus among them was a ghost? Do you recall another event like this?
2. How does joy and amazement sometime get in the way of the reality of Jesus?
3. What is the significance of Jesus saying, "Everything must be fulfilled", pointing to the law of Moses, the prophets and the psalms?
4. What is the key requirement for the disciple's future action? And what did Jesus promise to send to help them?
5. The disciples returned to Jerusalem with "great joy"; what was the source of that joy? What was the result and why might this be important in our lives?

Application: Live according to Joy, grounded in knowing Jesus.

Prayer: Father, we are grateful for the promise of joy and all the surprises it may bring. Amen